

NFL/CFD/2018/10/11

October 10, 2018

FORM-1

The General Manager,
Pakistan Stock Exchange Limited,
Stock Exchange Building,
Stock Exchange Road,
KARACHI.

SUBJECT: BOARD MEETING

Dear Sir,

This is to inform you that a meeting of the Board of Directors of the Company will be held at 1:30 p.m. on Thursday October 18, 2018 at Beach Luxury Hotel, M.T. Khan Road, Karachi to consider First Quarterly Accounts for the period ended September 30, 2018.

The Company has declared the "Closed Period" from October 11, 2018 to October 18, 2018 as required under Clause 5.6.1(d) of PSX Regulations. Accordingly, no Director, CEO or Executive shall, directly/indirectly, deal in the shares of the Company in any manner during Closed Period.

You may please inform the TRE Certificate Holder of the Exchange accordingly.

Thanking you,

Yours faithfully,
FOR NATIONAL FOODS LIMITED



FAZAL UR REHMAN HAJANO
COMPANY SECRETARY

CC:

- (1) Head of Operations, Central Depository Company of Pakistan Limited, Karachi.**
- (2) Share Registrar, Central Depository Company of Pakistan Ltd., Karachi.**